



-THE-
FIT&BALANCED
-TRIBE-

New Coach Checklist

- Save my number and text me so I can save your info, too!
- Watch the [New Coach Call](#)
- If you haven't yet, join our [Facebook Group](#).
- Choose a picture of yourself that you love and use it to announce that you're a Coach on all of your social media accounts. ([See tips on creating your post.](#)) Send me your draft (text & picture) first!
- Tag me in your post and text me when your post is up so that I can show you some love!
- Save a link to [Share-a-Cart](#). This will be how you sign up customers & coaches.
- Sign up your spouse/partner as a Coach with a Total Solution Pack! (You can text me for help selecting the best option.)
- Sign up another family member or bestie as a Coach to achieve Emerald status!
- Watch this video from our Upline Coaches in Diesel Nation on [Achieving Emerald](#).
- Text me to set up a 1:1 call to talk about your next steps.
- Start thinking about other family and friends who you can invite to join your challenge group with a Total Solution Pack (See Page 2)
- Listen to this video as your personal development for your 1st month:
[Building Your Network Marketing Business](#)

- MONTH 1 GOALS -

1. Emerald Coach Rank: Sign up 2 Coaches
2. Success Club: Help 3 People With Total Solution Packs
3. Cover the Cost of Your Products
4. Share Your Personal Journey Daily on Social Media
5. Keep a Positive Attitude!

